

RESOLUTION NO. 2026-014

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ELK GROVE
DISPENSING WITH THE FORMAL REQUEST FOR PROPOSAL PROCEDURE
PURSUANT TO ELK GROVE MUNICIPAL CODE SECTION 3.42.140(B)(3) AND
AUTHORIZING THE CITY MANAGER TO EXECUTE THE SECOND AMENDMENT
TO THE CONTRACT WITH VERONICA KENNEDY THERAPY FOR LAW
ENFORCEMENT COUNSELING AND THERAPY SERVICES, MODIFYING THE
SCOPE OF SERVICES AND INCREASING TOTAL COMPENSATION BY \$125,000,
FOR A TOTAL CONTRACT AMOUNT NOT TO EXCEED \$385,000 THROUGH
OCTOBER 31, 2026**

WHEREAS, law enforcement is a high-stress, often dangerous profession that can place significant physical and mental demands on employees; and

WHEREAS, it is critical that law enforcement employees have access to wellness resources and services to help manage job-related stressors and perform their job duties effectively; and

WHEREAS, in September 2022, the City of Elk Grove (City) entered into a one-year agreement with Veronica Kennedy Therapy (VKT) for law enforcement counseling and therapy services; and

WHEREAS, in September 2023, due to the exceptional counseling and therapy services provided by VKT, the City Council approved the first amendment to the contract, extending the term an additional three years; and

WHEREAS, staff has been extremely satisfied with the services provided and the ability of VKT to develop trusted relationships with police staff and to provide the services without extensive waitlists; and

WHEREAS, pursuant to Elk Grove Municipal Code Section 3.42.140(B)(3), the City Council may dispense with the competitive proposal process when, in the judgment of the City Council, compliance with the procedure is not in the best interest of the City; and

WHEREAS, for the reasons presented, pursuit of the formal request for proposal process for the proposed services is not in the best interest of the City.

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Elk Grove hereby dispenses with the competitive proposal process pursuant to Elk Grove Municipal Code Section 3.42.140(B)(3) and authorizes the City Manager to execute the second amendment to the contract with Veronica Kennedy Therapy for law enforcement counseling and therapy services, in substantially the form presented, modifying the scope of services, and increasing total compensation by \$125,000, for a total contract amount not to exceed \$385,000 through October 31, 2026.

PASSED AND ADOPTED by the City Council of the City of Elk Grove this 28th day of January 2026



BOBBIE SINGH-ALLEN, MAYOR of the CITY OF ELK GROVE

ATTEST:



JASON LINDGREN, CITY CLERK

APPROVED AS TO FORM:



JONATHAN P. HOBBS,
CITY ATTORNEY

CERTIFICATION
ELK GROVE CITY COUNCIL RESOLUTION NO. 2026-014

STATE OF CALIFORNIA)
COUNTY OF SACRAMENTO) ss
CITY OF ELK GROVE)

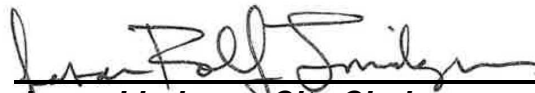
I, Jason Lindgren, City Clerk of the City of Elk Grove, California, do hereby certify that the foregoing resolution was duly introduced, approved, and adopted by the City Council of the City of Elk Grove at a regular meeting of said Council held on January 28, 2026 by the following vote:

AYES: COUNCILMEMBERS: Singh-Allen, Suen, Brewer, Robles, Spease

NOES: COUNCILMEMBERS: None

ABSTAIN: COUNCILMEMBERS: None

ABSENT: COUNCILMEMBERS: None



Jason Lindgren, City Clerk
City of Elk Grove, California